



## Gratitude Journal, Coloring Book Quotes Noteboook: 2016 Gratitude Workbook of Exercises to Inspire Nuture Gratefulness, Self Confidence Trust

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By William McBride

Sun Bubbles Publishing LLC, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Gratitude Journal, Coloring Book Quotes Notebook is a spiritual activity book created specifically to help the reader find and live gratitude in their daily life. In this book you will find a mixture of inspirational quotes and Bible verses combined with both religious and modern day images to color in, making this a very special activity book that people of faith can use and study to enhance and grow their thankfulness every day. This Gratitude Journal can be used both in a group study setting or during individual and private prayer and meditation times. Benefits of Using This Gratitude Journal Coloring Book quotes Notebook Deepened closeness to God Increased awareness of things to be grateful for Inspiration for daily grateful living Stress reduction through writing and coloring activities Greater insight and inspiration Daily exercises and tips to hep one stay thankful.Gratitude.



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