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From Balls and Scoops to Hula Hoops Using Varied Equipment in a Skills-Based Approach to K-3 Physical Education

By Judith Garrett

Weekly Reader Teacher's Press. Paperback. Book Condition:

New. Paperback. 156 pages. Dimensions: 8.8in. x 5.8in. x

0.5in. This book was created for the primary (K3) physical

education teacher. It presents a skills-based approach for

teaching physical education using a variety of equipment and

teaching strategies. The book provides all the necessary

information to plan, organize, and implement a skills-based

program. It includes a developmental assessment system and

adaptations for children with special needs. The units, games,

assessment rubrics, and adaptations contained in this book

have been developed and field-tested over the past eighteen

years in an elementary physical education program. Key

features of the book include: Set of systematic instructional

units, organized around different types of equipment, that

address the development of foundational physical skills through

individual, partner, and group activities Use of inexpensive,

easily obtained equipment Identification of motor, concept

development, and social competence academic support goals

for each unit Simple adaptations to maximize participation of

all children for each unit Set of non-competitive,

complementary games that can be used to reinforce and

extend the skills from the units and provide an opportunity for

authentic assessment Developmental, qualitative assessment

rubrics to monitor skills acquisition and progress Format that

facilitates teacher lesson...

Reviews

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