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Cleansing Smoothies - 68 Best Cleansing Jucer Blender Recipes for a Lean Body: Low Carb Low Calorie Recipes - Low Carb Smoothies Lifestyle!

By Juliana Baldec

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Spend a little time with this amazing compilation of 2 books that includes a collection of Juliana Baldec s healthy and scrumptious smoothies that you can add to your Diet Today for awesome pound dropping results! The compilation includes 2 books: Book 1: Blender Recipes With Pound Dropping Results Book 2: Paleo Is Like You (Fun Little Paleo Lifestyle Poem a day book with inspirational motivational rhyming verses to spice up your results) You will love discovering some new smoothie recipes that you might add to your Diet. Consider these healthy scrumptious smoothies to spice up any boring diet and finally get the results you want. If you love smoothies and blender drinks you will love this compilation to complete your smoothie recipe collection. Forget the old concept because there is no need to waist your time in the kitchen with old school recipes that take too long to make. There is every reason to make smoothies the new and 5 minute quick way so that you will gain more time out of your day and your life!...



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