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THE ROEDER PROTOCOL 2 Expanded edition

By FRANK W. D. ROEDER

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Paperback. 258 pages. Dimensions: 9.7in. x 7.4in. x 0.5in. ABOUT THIS BOOK THE ROEDER PROTOCOL 2 From wheel chair to fitness and to normal walking through self training Therapy to overcome the spastic hemiparesis after a stroke An application integrated into daily life as a continuous improvement process Expanded edition: Optimized walking, Remobilization of the hand, the newest developments: WalkAide system, Saeboflex training, Lokomat and proven conventional training machines like Gallileo and practice with the Ellipse-trainer; Experiences in the general public: Friendly composure and positive aura, Fall prophylaxis, Fall under minimization of the injury risk, Inevitable collisions, Cake-eating little fur bearing animals and other contemporaries, About the choice of acquaintances and friends. The 1. practice book worldwide for the self training of stroke survivors The book describes the successful fight against the results of a stroke, the development of a practically oriented therapy and the exercises which lead to the success. The book is directed as a matter of priority at stroke patients with motor deficits. It contains a comprehensive practise share. The exercises are documented with photos, are described in detail and commented. All exercises are integrated into the daily life. Therefore, they...



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