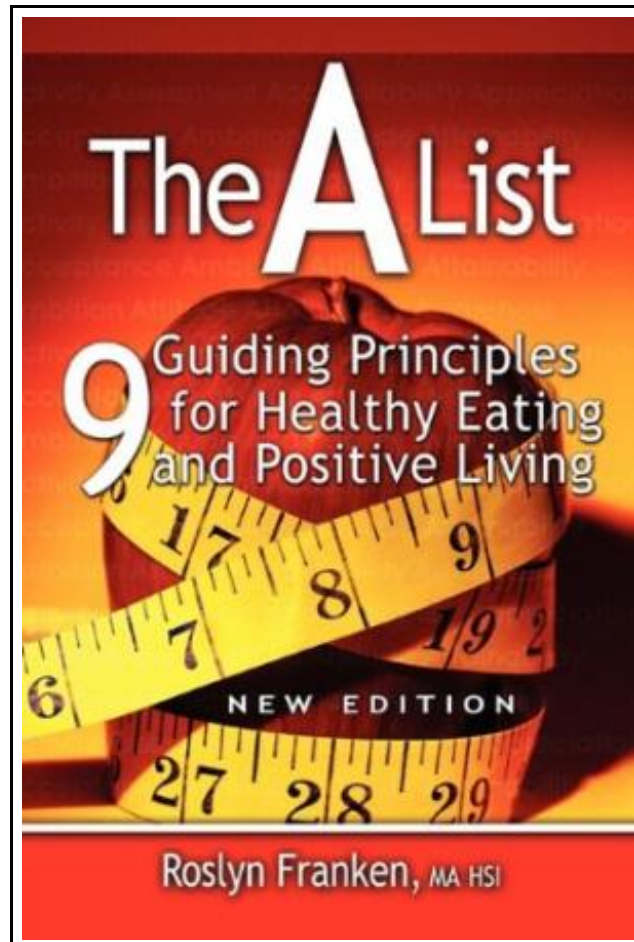


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THE LIST: 9 GUIDING PRINCIPLES FOR HEALTHY EATING AND POSITIVE LIVING, NEW EDITION



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